











2023 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
June 19 FIRST DAY OF CAMP 😊 Baked Mac & Cheese  Garden Salad Fresh fruit for dessert	20 Hot off the grill Hamburgers  Served with all the fixins Fritos Garden Salad Fresh fruit for dessert	21 Pierogies Apple Sauce Garden Salad Fresh fruit for dessert	22 Popcorn Chicken Carrots and celery Garden Salad Fresh fruit for dessert	23 Pizza  Garden Salad Fresh fruit for dessert
June 26 French Toast Sticks Turkey sausage  Garden Salad Fresh fruit for dessert	27 Baked Chicken Tenders Carrots and celery Garden Salad Fresh fruit for dessert	28 Bagels Pile it on...Cream cheese, tuna Served with crunchy chips Garden Salad Fresh fruit for dessert	29 Pizza Dunkers Served with yummy dipping sauce Celery sticks Garden Salad Fresh fruit for dessert	June 30 Hot Dogs Fresh from the grill  Carrot sticks Garden Salad Fresh fruit for dessert
July 3 Yummy Chicken Cutlet Sandwiches Plain or Parm! Delicious both ways! Garden Salad Fresh fruit for dessert	4 CAMP IS CLOSED  HAVE A FUN AND SAFE 4TH OF JULY HIP HIP HOORAY FOR THE USA!	5 Meatball Subs Goldfish Garden Salad Fresh fruit for dessert	6 Turkey Hoagies With lettuce, tomato, and cheese Crunch chips Garden Salad Fresh fruit for dessert	7 Potato Pancakes Served with applesauce, sour cream Garden Salad Fresh fruit for dessert
July 10 Baked Mac & Cheese  Garden Salad Fresh fruit for dessert	11 Hot Dogs Fresh from the grill  Carrot sticks Garden Salad Fresh fruit for dessert	12 Pierogies Applesauce Garden Salad Fresh fruit for dessert	13 Popcorn Chicken Carrots and celery Garden Salad Fresh fruit for dessert	14 Pizza  Garden Salad Fresh fruit for dessert

**** In addition to the weekday menu, we offer yogurt and a garden side salad with various toppings each day. PB&J and fresh cheese sandwiches are also available every day. All fruit is fresh, not canned. GLUTEN FREE ITEMS WILL BE AVAILABLE EVERY DAY. Your camper's counselor will inform the kitchen each morning if your child needs a gluten free meal. Menu is subject to change****



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Monday	Tuesday	Wednesday	Thursday	Friday
July 17 French Toast Sticks Turkey sausage  Garden Salad Fresh fruit for dessert	18 Baked Chicken Tenders Carrots and celery Garden Salad Fresh fruit for dessert	19 Bagels Pile it on...Cream cheese, chicken salad, Fritos Garden Salad Fresh fruit for dessert	20 Pizza Dunkers Served with yummy dipping sauce Garden Salad Fresh fruit for dessert	21 Hot off the grill Hamburgers  Served with all the fixins Crunchy chips Garden Salad Fresh fruit for dessert
July 24 Chicken Parmesan (It tastes so good . . .) Garden Salad Fresh fruit for dessert	25 Meatball Subs Pretzel twists Garden Salad Fresh fruit for dessert	26 Turkey Hoagies With lettuce, tomato, and cheese Garden Salad Fresh fruit for dessert	27 CARNIVAL DAY Hot Dogs  Fresh from the grill Ice-Cream, Soft pretzels Cotton candy	28 Potato Pancakes Served with applesauce, sour cream Garden Salad Fresh fruit for dessert
July 31 Baked Mac & Cheese  Garden Salad Fresh fruit for dessert	August 1 MYSTERY DAY Nacho Madness Toppings Galore  Garden Salad Fresh fruit for dessert	2 Pierogies Apple Sauce Garden Salad Fresh fruit for dessert	3 Popcorn Chicken Carrots and celery Homemade macaroni salad Garden Salad Fresh fruit for dessert	4 Pizza  Garden Salad Fresh fruit for dessert
August 7 Hot off the grill Hamburgers  Served with all the fixins Crunchy chips Garden Salad Fresh fruit for dessert	8 Baked Chicken Tenders Carrots and Celery Garden Salad Fresh fruit for dessert	9 Bagels Pile it on...Cream cheese, tuna, Served with crunchy chips Garden Salad Fresh fruit for dessert	10 Pizza Dunkers Served with yummy dipping sauce Celery sticks Garden Salad Fresh fruit for dessert	11 LAST DAY OF CAMP 😞 Hot Dogs Fresh from the grill  Served with farewell goodies!

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